

CRAFT Functional Analysis of a Loved One's Rewarding, Healthy Behavior

External Triggers	Internal Triggers	Rewarding, Healthy Behavior	Negative Consequences + Barriers	Short-Term Positive Consequences
Who is your loved one usually with when (behavior)? Where does he/she usually (behavior)? When does he/she usually (behavior)?	What do you think your loved one is thinking about right before (behavior)? What do you think he/she is usually feeling right before (behavior)?	What is your loved one's rewarding, healthy behavior? How often does he/she engage in it? How long a period of time does it last?	What do you think your loved one dislikes about (behavior) with (who)? What do you think he/she likes about (behavior) (where)? What do you think he/she dislikes about (behavior) (when)? What do you think are some unpleasant thoughts he/she has while (behavior)? What do you think are some unpleasant feelings he/she has while (behavior)?	What do you think are the positive results of your loved one's (behavior) in each of these areas: Interpersonal, Physical, Emotional, Legal, Job, Financial, Other

Source: Smith, J. E. & Meyers, R. J. (2004). Motivating Substance Abusers to Enter Treatment: Working with Family Members. New York: The Guilford Press. Not to be duplicated without authors' permission.